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### Dissertation on tubercle

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*Yale University.*

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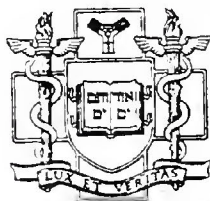




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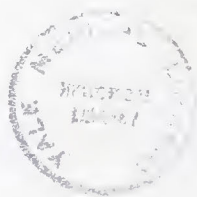


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*Dissertations*  
read by the  
Candidates for Degrees and Licenses,  
at the  
Annual Examination  
in the  
Medical Institution of Yale College,  
January 19-20,  
1848.

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Dissertation  
on  
Tubercle.

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By  
Philander Phelps Humphrey,  
of Torrington,  
Candidate for the Degree of Doctor in Medicine.

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## Tubercle.

The term Tubercle is derived from the Latin *tuberculum*, signifying simply a small tumour. It is now employed to designate a peculiar morbid deposit, connected with a particular diathesis termed the *scrofulous*. The knowledge of the existence of this product is as ancient as the time of Hippocrates but for ages its pathology was involved in profound obscurity. It was left for modern investigation to unfold the laws which determine its development, direct its subsequent changes and control its effects. The theory of the true nature, formation, progress and termination of Tubercle has been a favorite subject of the investigations of the most eminent pathologists of the age. These researches have elucidated much that was formerly obscure in its pathology; but from the various opinions entertained by different authors it is evident, that our knowledge of tubercle is yet imperfect.



Upon these points, difficult of demonstration,  
and considered by the profession as yet un-  
settled, numerous hypotheses have been advanced,  
generally satisfactory to their authors, yet meeting  
with limited favor. It is repeated, and accu-  
rate autopsic investigations, that we must look  
for a thorough knowledge of this subject.

The universal prevalence, and remarkable fatality  
of this disease, interest it with peculiar interest,  
and that particular form of its development, consti-  
tuting phthisis, it is estimated, that it causes at  
least one fifth part of the mortality in the  
human race. In discussing this subject, I  
can merely briefly give a synopsis of various au-  
thorities, state such conclusions as may seem to me  
most consistent with the appearances, derived from  
the laws which govern the induction, the gradation  
of severity, and among distinguished pathol-  
ogists, or many points in the theory of tubercle, -  
as to what its cause, formation, form, locality, va-  
rieties, mode of extending, and insidiousity. The  
cause of many of these two points are obvious, Dr.

Caswell observes that the fine, consistence, and composition of tubercles, vary with the nature of the part in which they are found, and the period at which they are examined, their appearance is therefore the result of changing circumstances, and hence cannot be uniform.

There are two kinds of tubercles - the speck, yellowish white, and the granular, semitransparent. The deposition of tuberculous matter in any like place also in another form, termed tubercular infiltration. Laennec considered this only a more liquid state of the tuberculous matter, poured into the parenchyma of the lungs, and this view is generally adopted, from the fact that it is more found in other diseases, and is always associated with other varieties of tubercle. Laennec has perceived, frequently, small, yellow, tuberculous point or acute tubercle in the midst of this substance. The observations of Louis are not in confirmation, as he has never seen this appearance. Such evidence however is only negative, and cannot disprove its existence.



the exact nature of the second, ~~kind~~ of tubercle, termed granular or milky, has been the theme of much dispute, they are small granular bodies varying from the size of a millet seed, to that of a pea. It shows the fact of their existing independently in conjunction, with the first form mentioned, both Lacaze and Louis regard them as the first stage of it. Boyle to whom they were first discovered considered them cartilaginous, and of a nature entirely distinct from tubercle, constituting a peculiar form of phthisis occasionally existing alone, but often associated with the tubercular. Andral succeeded them to be indurated pulmonary vesicles, the result of chronic inflammation, others among whom is Casswell, consider them as a form of tubercle, but not necessarily the primary, or always preceding the apical variety. As evidence they state they state that the latter kind is more common where the former is never observed. Thus the two first stated, of the two genera almost invariably existing together.

and from their having been observed in the the various stages of transformation, there can be no doubt of their tubercular nature. It appears also true that what is usually described as crude tubercle is very often what is invariably, as such, a stage of the maturing granulations. The fact of our often finding at various heights, successively from above downwards, in the lungs first excavations, then rough tubercles, crude tubercles, and lastly gang, semi-transparent granulations, is very strong evidence of the truth of this position. This being as we shall hereafter see, the direction of the tubercular deposition,

Name of Tubercle. Tubercles are usually described as being of a rounded form, but this condition so often entering into the definition of authors, is by no means invariably present. It is wholly an accidental circumstance depending upon their locality, or the nature of the tissue in which they are deposited. Minute particles of tuberculous matter are first deposited, & are enlarged by subsequent accretions. Hence when deposited in a soft substance like the brain, they assume a rounded form, from the uniform pressure

which they receive on every side, when deposited in the vascular tissue, they take the form of the cells in which it is deposited. In the lungs, we find them assuming forms corresponding to the particular seat of their deposition, - thus in the air vesicles they assume a globular form, solid, when completely filling the cells, & containing a central cavity, when conjoined to the secreting surface. In the bronchia, they take the cylindrical form of their receptacle.

### Pathology of Tubercle

The various morbid deposits which take place in the body, may be divided into anastagous, and heterologous, - the former embracing all those products which have an analogy to some of the natural tissues of the body - the latter possessing no such resemblance. Gouty tumours being like the adipose tissue, are anastagous, the pituitous tumour is of the same class.

Tubercle like cancer is unlike any of the tissues of the body, and therefore heterologous.

Inflammation as a cause of tubercle.

On this subject there has been much controversy, arising principally it would seem from a misapplication of the term inflammatory, thus, while some use it as almost synonymous with diseased action, others mean, by it, simply, common, phlegmonous inflammation. In this latter, restricted sense, it can have no agency in the production, other than as an exciting cause, often determining the seat of the deposit, in a tubercular diathesis. Diseased action is governed by fixed laws, and hence, is always uniform, under similar circumstances. Now inflammation in a healthy constitution never manifests tubercle among its products, showing, that some other condition is necessary to its development. Tubercle of the visceræ has no symptoms of inflammation are perceptible, and where anatomical investigations exhibit no trace of its effects, as it usually attended with inflammation, and symptoms thence arising are often the first evidence we have of its existence. Thus the effect has been mistaken for the cause of a disease long perceived in the constitution, but previously unknown, from a



want of proper investigation, or from the incisions  
given under which it appears. A correct view  
of the proximate cause of tubercles, or of the exact  
nature of the morbid action upon which it de-  
pends, is important as establishing the indication  
of treatment. It was formerly considered a slow  
disease, and hence a plenty of remedies were employed.

We are however often compelled to adopt anti-phlogistic  
measures to subdue an inflammation arising from  
the irritation of the tubercular matter, or existing  
perhaps from common causes, and tending to produce  
the localization of the disease in a tubercular con-  
stitution. Still it should be done with caution, as  
the scrupulous constitution is alarmed, and depleting measures  
however necessary, can never remove this diathesis.

The exact nature of the tubercular diathesis  
it seems difficult to determine. Some suppose that  
it depends upon a specific virus or poison in the blood  
this poison like every other producing phenomena  
peculiar to itself. In this respect it is more  
analogous to syphilis, light phthisis, small pox,  
and perhaps cancer, although as in these diseases



chemical tests have never been able to detect the presence of such virus in the circulation. This virus may be transmitted from parent to child, and the fact well authenticated of tubercular deposition having actually taken place to a considerable extent in the fetus, is supposed to favour the above theory. The existence however of any such poison cannot be demonstrated, and in our present ignorance of the modes of spread of poisons, I do not conceive that the settlement of the question would add much to our knowledge of the pathology of the disease. It is not necessary to suppose, in the case above mentioned that the tuberculous deposition in the fetus was caused by a contagious principle received from the mother, as the syphilitic virus has been communicated. It might result from the low degree of vitality of the materials of organisation furnished by the mother, these not having the power of transforming themselves into healthy tissue, the tendency to what I consider the true theory of the formation of tubercle.

The plastic material, from

at the union. Because no form is given, and finally  
vitality, or transformation of the substance assimilating  
function, becomes incapable of transformation  
into complete fibres, and he appears, forming un-  
dulated cells, but these cells, having no formative  
rec, are abortive in their growth, and form that  
is perfectly reproducible mass, and tubercle,

The Professor says the difference between  
tubercle, and that of healthy organizable material  
would appear to be this, that the former is  
composed of the albuminous constituents of  
the blood, a more chemical compound, which  
is not prepared to undergo organization until it  
has passed through the condition of fibrin,  
where the latter is a portion of the vitalized fibrin,  
which passes within itself the last stage of organization  
and only requires the contact of a living membrane  
to enable it to pass into a regular structure.

It may be inferred from this view, that tubercle  
in the blood is not the result of a  
portion of its undissolved constituents, but the  
rather chaotic cells the material of tubercle coagulates.

or imperfectly organisable, making a subsequent change after it leaves the circulating system, or it thus finally results from a local defect in the assimilating process, but an abnormal state of the blood is the primary cause of this deranged action by affording imperfect materials for healthy organisation. The disease is therefore really constitutional as if tubercle existed ready formed in the circulation.

### Seat of Tubercle.

Pathologists have usually considered the cellular tissue the most common seat of tubercle. Dr. Carnwell, however asserts, that in relation to the different tissues, systems and organs of the body, the mucous system is by far the most frequent seat of tuberculous matter, and that its seat of election is the free surface of mucous membranes. In the midst of these conflicting views it is difficult to decide which tissue is the favorite seat of the deposition, and owing to changes which must take place in the structure of the part before observations can be made, the settlement of the question must be very difficult.



The cellular tissue must be a very common seat of tubercle, as in the brain, and other organs into whose structure mucous tissue does not enter.

Locality. — Tubercle, has been observed in almost every organ of the body, and where the diathesis is strongly marked, it exists in very many of them simultaneously.

It probably never limits itself to one organ for any great length of time. Some structures however are much more readily affected than others differing in this respect at different periods of life.

In the adult the lungs are known to be almost invariably affected, if the disease has located itself at all.

M. Joubert in three hundred and fifty eight cases found, but one exception. Other pathologists have found the exceptions more numerous.

It has been found in one hundred cases found no certain exceptions. M. Chenevix in one hundred and fifty two autopsies found the lungs free from tubercles but six times. It seems to be the more common opinion at the present time that the left lung is more frequently affected than the right. This is the

opinion of Louis, Carnwell, Gross, and most modern authors. In opposition we have the high authority of Lacunne, also of Gibbard, Hume, Chess, and Rockinghams. The question therefore cannot be considered as settled. Its appearance in a given number of cases in one lung, more frequently than in the other, may be merely accidental. The summit of the lung is almost invariably the primary seat of the deposition, and this seems to have reference to the several lobes of which the lung consists, - thus portions of the superior lobes are often affected, when parts of the lobe next inferior, corresponding in height are perfectly sound. The superior and posterior part of the upper lobe of the lung is usually the first seat of tubercles. Dr Carnwell observes that there is no exception to this rule where the deposition has not been preceded by local disease, such as circumscribed bronchitis, pneumonia or pleurisy. Various theories have been advanced to account for this localisation or determination of the disease to particular portions of the lungs. Carnwell considering that the



tuberculous matter is separated from the blood and deposited on the free surface of mucous and serous tissues, thinks that it may depend in a great measure on a greater or less degree of facility afforded to it escape. The inferior lobes have much greater functional activity, or extent of motion, thus facilitating the expulsion of the matter deposited. Gross while he admits that the confined and compressed state of the superior lobes of the respiratory organs, should exert an injurious influence, predisposing those parts to disease, suggests an explanation derived from the laws of gravity.

The superior lobes in the erect position of the body, are not so accessible to the blood, and from this cause congestions, are more liable to arise, determining the development of tubercle. All these explanations of a well known fact, must be, more conjecture, but the view of Cornewall appears more plausible, - viz that there is much greater facility afforded to the escape of the tubercular matter from the free expansion allowed to the lower lobes of the lungs, but from the increased vigor which the circulation and nutrition of the <sup>lower</sup> organs acquire from the

condition. The greater frequency of tubercular deposition in the lungs of adults than of children may admit perhaps of explanation, it has been suggested that this deposition is facilitated by passive congestions. When the lungs are kept in vigorous exercise, expanding freely, such congestions are prevented.

The free action of the lungs by crying in infancy and by the exercise of the vocal organs attending the active and interesting sports of childhood must have a powerful influence in keeping up a free circulation and promoting the nutrition of these organs. Next to the lungs in point of frequency of the tubercular deposition, according to Louis are the small intestines, and this is confined in the great majority of cases says Carswell to the lower portion of the ileum, more frequently to the glands of Peyer than of Brunner. The numerous glands are affected in the following order in point of frequency:—mesenteric, cervical and lumbar. The spleen is seldom affected in the adult, the same may be said of the brain. Of the serous membranes the pleura and peritoneum are frequently

affected, the pericardium but seldom.

Tubercle are also found in the urinary and reproductive organs, and occasionally in the osseous system. No organ or tissue of the body may be free from the disease, though in some as in cartilage and muscle they have seldom been detected.

### Progress of Tubercle.

Tubercle may remain dormant in the system for an indefinite period but eventually it becomes organized, and by the ulceration of the neighboring parts it passes into a channel by which it escapes from the system. The mode by which this softening is effected is variously explained.

Those who consider tubercle to be an organic product, believe it is partially, or wholly affected by changes resulting from its own internal action.

Those on the contrary who consider it to be inorganic consider it as the mechanical result of fluids secreted from the surrounding parts, as the effect of their irritation and consequent inflammation caused by their action. Some however who advocate the inorganic nature of tubercle, believe it capable of



undergoing chemical changes. The evidence from  
anatomical investigations appears contradictory.

Lamont asserts that tubercle always begins to  
soften in the center. Cornwell on the contrary  
believing this to be impossible, from his theory of the  
inorganic nature of the product, has been led to the neces-  
sity of explaining the cause of an appearance observed  
by every pathologist. This he has done satisfactorily  
to himself, and substantially as follows:— assuming  
that the tubercular matter is generally deposited upon  
the air cells and bronchia, it may be confined to the  
surface of either & central depression in a cavity will  
then be left, filled with mucous, previously secreted  
by the membrane. Again, tubercles at first existing  
in separate points, approximate by successive deposits  
and in this manner portions of lung may become  
surrounded by tubercular matter, and these portions  
becoming inflamed and necrotic produce the appearance  
observed. This ingenious mode of accounting for  
the appearance cannot settle the question.

The inability of the vital or chemical change in the  
tubercle itself to take place must first be proved.

Cumwell, Clark and Alison, three of the most distinguished pathologists of Great Britain, assert the irragant nature of tubercle, Jacoene, and Leas think softening always takes place at the centre, and Arnold that it may occur at any part of the substance. Gross, who considers tuberculous matter as identical with coagulable lymph would necessarily believe it susceptible of organization under certain circumstances.

The view which we here take of the pathology of tubercle, supposes it to be endowed with a degree of vitality. As an objection to this opinion its nonvascularity has been asserted, in proof of which, is stated its inability to be injected. This is not conclusive, admitting it to be true,

vascularity is not essential to organization, & vitality. Muscular tissues are nourished by means of cells in this manner plants receive their nourishment,

very recently however, certain Irish pathologists have succeeded in injecting tubercle, thus establishing their vitality beyond a doubt. We infer there-fore that the softening of tubercle may arise spontaneously



independent of any extraneous influence. This change may first arise in any portion of the product. The softness of the deposit affords no reason for supposing its softening invariably appears in the centre. I think there can be no doubt that this process is frequently effected also by the secretion of the tissues surrounding tubercles as the result of the irritation produced. I am aware of the objection of M. Louis founded on the appearance of the mucous membrane in the vicinity of tubercles.

He ascertained that the mucous membrane of the bronchia frequently did not present any alteration in the neighborhood of crude tubercles whilst it was almost always thickened and of a red color in the vicinity of cavities. From this circumstance, he was led to conclude, that this inflammation being posterior to the softening of the tubercles cannot be considered as their cause, but rather as the effect of the irritation of the matter poured into the bronchia from the cavity. This argument though plausible I do not deem conclusive. This softened matter may produce irritation is very probable from the additional fact of the ulcerations of the trachea and larynx being situated at

the posterior part, and on the laryngeal surface of the epiglottis, these parts coming in contact with a greater quantity of the discharge. It is a remarkable fact that tubercles may exist for a length of time in the lungs without exciting inflammation, and thus we find the membrane in their vicinity apparently healthy as above stated. This circumstance appears to me to afford additional evidence of the vitality of tubercles, as it is difficult to conceive how an inorganic substance, not encysted, can remain to such a degree harmless in the system. But eventually, and perhaps in consequence of the tubercular matter not being able to sustain its vitality, inflammation arises, and liquids are effused breaking down the mass. This effect is immediate, and might readily be mistaken as has been by Louis, for the cause of the inflammation of the membrane, the action is probably reciprocal, tubercle first producing inflammation, and its products, by which it is broken down, and this soft matter again increasing the inflammation. We have thus described the softening of tubercle to two causes - first to a spontaneous change in the product itself, and secondly, from the ulceration of the surrounding tissues, as the effect of its irritation.

In an article on the general pathology of tubercle, I do not propose to treat of all the morbid phenomena, to which it may give rise. These must of course vary with the nature of its locality. The functions of the various organs, which are its seat - must be impeded from the first, and if the disease progresses eventually destroyed. Hence it follows that the danger depends upon the importance of this function in the animal economy. But as we have seen tubercular deposition is never long limited to one organ, and in the adult the lungs, as we have seen, are almost invariably affected.

The curability of tuberculous diseases is now established beyond a doubt. At an early period of life, the disease is often confined to the lymphatic glands. The tuberculous matter of which these scrofulous enlargements consist, is often discharged by suppuration, and it occasionally disappears, even without the process, - by absorption. Similar results take place in the lungs in that form of the disease, constituting phthisis. This expulsion of the product by softening, and expectoration, would of ten cure the disease, did it not depend upon a morbid diathesis, which remaining, fresh depositions are constantly taking place. There can be no doubt that a spontaneous cure is occasionally effected in this manner. All the physical signs of tubercle have been present and interesting.



the existence of a cavity, and subsequently when the patient has been destroyed by some other affection, a cavity has been found in that portion of the lung, in which the excavation had formerly existed.

There is still another termination of tubercle by which a cure is effected. All its animal portions may be absorbed, leaving a cutaneous mass, which becomes enclosed by an accidental tissue formed by an effusion of coagulable lymph, and may thus remain to man in the system through life. These shelly concretions are sometimes expected to of an appearance resembling dry mortar.

A description of the symptoms, and treatment of tubercle, in its various stages, and complications, as it exists in different organs, does not properly belong to a general dissertation on the subject.

Of the various predisposing and exciting causes of tubercle my limits will not allow me to speak, important as they must be considered.

In a word, they may be stated to be all those agencies which tend to depress the the powers of the system, and which act especially to derange the process of nutrition;—the development of tubercle resulting, as we have endeavored to prove, from a deficiency of vitality, in the nutritive, or assimilating function.

H. C. Humphrey.







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